

KNOWABOUT SCHOOL:-

Beautiful building, lush garden and basic infrastructure are not the mandate for admission, because these parameters are based on financial background of administration. Meanwhile a good school must have proper class room with natural resources of air and light. Class should not be over-crowded. Teacher - Student's ratio should be adequate. The popularity of any school is depending on examination

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results and achievement, so parent should know the teaching status of the school. They also consider the distance and should also choose school which is in neighborhood, so that they can participate in activities like parent-teacher meeting, sports and functions etc. School at shortest distance is convenient for children to save time, but long travel in transport is tiring and exhausting.

INTERVIEWAND WRITTEN TEST: -

This is odd condition for an innocent child to face interview and written test before admission. Procedure will be tough if parent seek admission in popular school. This is funny situation to choose a child in this ground only. Most of the time a talented child may rejected on behalf of economics status and on parent education. Meanwhile the game is not clean and automatically creates the hidden culture of donation and pressure of politician etc.

SCHOOL PHOBIA: -

Most children do enjoy and interested in school, however some children feel reluctant or cry. This is very often common problem in over-protected single children. Such children spend maximum time with parent (mother) at home, without playing or interacting with other children.

Parent should start motivate and mentally prepare the child to explain benefit of school. If there is still fear, then it is better not to force or push the child to avoid permanent aversion from school. It is better if parent go to school with child and spend some time daily in decreasing manner till the disappearance of fear. After adjustment in school environment, child can enjoy and go to school regularly. Sometimes an opposite situation arises when a child has been regularly going to school and suddenly develop reluctance and dislike. It is usually due to problem among peer group and friends. It may be due to insult as results of some punishment, Change of class teacher, transfer of friend to other school are other reasons of school dislike. The situation be handled with caution, otherwise child may develop psychological problem which is danger for future.

NUTRITIONAL REQUIREMENT: -

This is a major problem to provide adequate nutrition during school period. Children who have regular breakfast do better in school. Most of the English medium school of the city are running in morning hours, therefore breakfast become just like a formality or skip most of the time. Tiffin is the only hope. The Tiffin should contain nutritious diet like "paratha", vegetables and seasonal fruits if possible. To develop taste and to avoid monotony diet should be changed per day. It is better to avoid habit of fast food like jam, noodles and bread etc

HEALTH: -

A healthy child does better not only in study but also in other activities. There should be provision of regular health check-up of vision and hearing at school. For efficient energy expenditure and balanced metabolism children should encouraged playing interactive games. Most children enjoy playing from preschool days. Parent should also contact to child specialist during any deviation in health status.

STUDY PATTERN: -

Study syllabus should be relevant and age specific. There must be enough time for P.T., playing and other promotional activities like dance, music, debate etc. After spending enough time in school, further school activities in home likes 'home-work' is not good. (A topic of debate)

Meanwhile current study pattern is more theoretical and based on a combination of different subjects; this automatically increases the weight of books, bag and indirectly affect health.

MENTAL STATUS:-

Every child has own academic performance and do accordingly better, average or poor. Like fingers of a hand mental capabilities of a child is different in a class, so it is wrong to compare with other children in this regard. Some children have good mental sharpness but do not work properly due to some vision or hearing problems. Sometimes parent manipulate the age for early admission, this result in excess

2

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mental pressure and even academic deterioration in future.

BOARDING: -

This is necessity of some parent due to frequent job transfers, long school distance or single caretaker due to some marital reasons. But this practice should be delayed until 12 years or more, till the child become independent and understand family circumstances. However sometimes parent send a child to such environment due to undisciplined attitude, but children take it as a punishment, guilt feeling and may deviate from routine path and will develop maladjustment in future. Day boarding schools are other alternative where a child spends maximum time.

DISCIPLINE:-

It is not punishment. {Disciplinary a Latin word means to teach}.Addition of positive behavior and decrease in undesirable ones are better carried by joint effort of both parent and teachers. The things should be in balance ways otherwise excessive discipline can produce feeling of negativism, aggression, shyness and sometime insecurity.

SCHOOL WORKAND SLEEP: -

Sleep is necessary for life and restoration of brain functions. Sleep behavior pattern depends on parenting practice since infancy even its duration is based on age. A child of 3-6 years need approximately 10-12 hours sleep. Good night sleep helps in learning and other classroom activities. There must be regular bed-time and up-time not only on school days but also on non school or holidays.

MEDIAIMPACT: -

Television is important necessity just like any house hold item. With introduction of numbers of channels a child has option to choose favorite one with self control on remote. Most of the channels are baseless, senseless and vulgar thus imparting bad impact on child behavior. The parent interaction with child is also reduced. Meanwhile television has a negative impact on language development and learning capacity. A child with excessive television viewing manifests as hyperactivity, impulsive or aggressive. The health status also deteriorates due to obesity developed as a consequence of junk food eating during television watch.

PARENT'S EXPECTATIONS: -

Children have own capabilities and limitations like physical stamina and memory power, but parent's attitude is different in this regard. Everyone wants his child to excel in studies and get highest rank but this is not the criteria of success. Overall development of personality, emotions, positive thinking, adaptability and knowledge are best determinant for success in future.

In old days parent did not know in which class their children are, but this scenario now reversed and parent become more anxious. It is better to divide the time so that child has enough time for playing, home-work, dinner, TV watching etc.

CONCLUSION

Last but not the least ,This is the true fact that mother is the best teacher in the universe. Her foundation is very strong over which all the future of a child is based. This is further molded and strengthened at school. Children learn out at school by interacting with other children of different culture, religions and social status.

3

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