



Spiritualism & Medical Therapy

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Abstract:

Faith towards physician is important for the success of treatment. Holistic approach is backbone of all sorts of medical management. This approach focus on whole persons rather than illness. It is only hope where advance science and technology fails. Incurable and terminal disease can be improved by increasing will power via spiritualisms. The present article highlights there association.

KEY WORDS:

Will power, Recipe, MahaDaan.

INTRODUCTION

Relationship between medicine and spiritual approach is very old dated concept. Indian medicine i.e Ayurveda is originated from Veda's, the most ancient and sacred Hindu's text. Dhanvantari is considered as god of medicine in Hindu religion.

FACTS IN SUPPORT

- Rx - A symbol, seen in most of the prescription, this means 'take this medication in the name of God, who may cure you.' The symbol indicates blessing of Jupiter (lucky planet for sick) and Horus (Greek God of healing, knowledge and learning).
- Religious symbols like om, swastika, holy cross, 786 etc on prescription pad.
- Medicine is branch of science, which believes in God. I treat, He cures- a common physician version and faith toward the God.
- Patient & families respect, attitude towards the physician as 'God on earth'.
- An advertisement of eye and blood donation denotes 'MahaDaan'.
- Presence of religious places in hospital premises.
- Hope of some miracle in hopeless or terminal stage of incurable disease.
- Some of hospitals and clinics are run by charitable trusts.

Spiritualism is concerned with mind -body interaction of the person. The possible mechanism is:

- Unhappy, Stressed, Anger, depression, jealous, fear, sadness, etc decline the defensive system of the body and responsible for development of disease condition.
- Love, forgiveness, confidence, happiness improve defensive system thus prepare the body to fight

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against disease.

SPIRITUAL APPROACHES

Meditation, prayer and chanting etc are acceptable modes. Such approaches denote that spiritual, mental, emotional and physical elements of the body are interconnected. Thus a person reaches to higher stage of wellness. This approach focus on whole persons rather than illness or unhealthy part of the body.

Some supporter claims when conventional approach not works properly then only spiritual aspect is effective especially in non curable or terminal illness.

Available scientific evidence does not support claims that spiritual, when used alone without mainstream is effective in treating illness.

SPIRITUAL BENEFIT

Spiritual therapy is supreme to all available modalities to boost up self energy and provide power to fight from incurable disease. Benefits are -

- Accepted by patient & family.
- Non-expensive.
- Make ongoing treatment easier.
- Improve chance of success of treatment.
- Not immediate endanger to life.
- Divert mind, decrease intolerable symptoms.
- Life style modification (stop smoking & alcohol etc).
- Increase survival period in non curable illness.
- Emotional, psychological support to patient and family.

CONCLUSION

Spiritual aspect of therapy results in mind relaxation, improve body defense, boost up hidden self energy and add a positive attitude towards the life. It enhances emotional and psychological support not only to patient but also to family. Spiritual therapy is supreme to all available modalities to boost up self energy and provide power to fight from incurable disease. The main objective is to, Increases the 'will power' of the person. After increment of 'will power', a patient of terminal illness can fight in unexpected way sometime up to the extent of miracle.